

COURSE DURATION: One day

MAXIMUM NUMBER OF DELEGATES: 20

RATIONALE FOR COURSE

This one day course will equip staff working with clients experiencing drug misuse issues, with an increased knowledge of current trends of drug and alcohol use and the most commonly used drugs and their physical and psychological effects. There will be a significant focus on New Psychoactive Substances, formerly known as Legal Highs, in terms of their effects, legality etc.

AIMS/OBJECTIVES

The aim of the course is to introduce participants to the most commonly used drugs, including NPS and how they interact with other commonly used substances such as alcohol, cannabis, cocaine, amphetamine etc.

COURSE OUTCOMES

- Understand the nature and chemical composition of New Psychoactive Substances
- Understand the nature and effect of other commonly used substances
- Understand the impact of using NPS in combination with other substances including alcohol
- Understand and discuss Concepts of Addiction and Dependence
- Understand common treatments and recovery

TESTIMONIALS

'Brilliant course, very well delivered' - Teacher, Glasgow

'Difficult subject matter delivered very well' – Social Worker, Merseyside

TRAINER BIOGRAPHY

Allan Johnston is a professionally qualified social care manager, who has worked in both practice and educational roles within social care for over 25 years. Allan has developed and delivered many professional development events on a variety of topics relating to substance misuse and its impact, and has delivered presentations on child and adult welfare at national conferences throughout the UK. Allan has developed training packages for many local authorities throughout the UK on guidelines for interagency working in relation to people affected by substance misuse.

Audio-Visual Equipment required

Flip chart stand and paper.

Preferred room layout

Classroom style four or five to a table.