

**Course title:** Infection Control

**Course duration:** Full day: 9.30 - 4.30

**Maximum number of delegates:** 20

**Target audience:**

Adults working within the care sector in a variety of roles including: carers, nurses, cleaners, domiciliary carers, managers, chefs, kitchen assistants & office staff.

**Rationale for course:**

Those working in the care sector are at high risk of catching and spreading infections. This course will raise their awareness of how different infections are transmitted and the methods they can use to lessen the risks, in order to improve the health of themselves and those they care for.

**Aims/objectives:**

The aim of this training is to introduce the importance of controlling infections within the workplace through discussions, group activities, practical demonstrations and short film clips. Delegates will look at the impact infections can have on staff and those they care for. They will also learn about the various ways infections can be spread and the practical precautions they can take to help avoid this.

**Topics:**

- An understanding of Universal (Standard) Precautions
- Clinical Waste Management
- How to deal with body fluid spillage
- Techniques for barrier (isolation) nursing
- How to deal with needle-stick injuries
- Information on communicable diseases
- Understanding of bacteria, viruses, parasites, and fungal infections
- Information on MRSA, Hepatitis B & C
- Examples of sexually transmitted diseases
- Reporting (and recording) procedures

\*Reference will be made to local area policy on Infection Control & Gloves Policy.

**Course outcomes:**

- Better understanding of what is meant by Infection Control & subsequent change of staff attitude & performance
- Raised awareness of the legislation surrounding Infection Control & the impact on their job role
- Improved understanding of the consequences of poor Infection Control in the workplace & subsequent raised staff self-confidence in their ability to provide a higher standard of care
- Improved awareness of the different types of infection & how they are transmitted
- Lowered risk of cross-contamination & cross-infection in the workplace

## Trainer Biography:

Cathi Bouaouina is a training professional with 13 years' experience working as a freelance trainer and consultant. Her extensive experience spans from hospitals, residential care homes, nursing homes and day care services both within Social Services and the private sector. With a solid grounding in operational issues and challenges within the residential care environment Cathi's courses relate directly to the relevant Care Standard where applicable. As someone who has worked in many differing social care environments Cathi has an abundance of real life work situations to draw on to bring training to life. Cathi has an ability to communicate at all levels ensuring all learners enjoy the training and attain positive results.

## Testimonials:

Comments from delegates include:

*"She's brilliant. Interesting and knowledgable"* Care home worker, London

*"Very informative, all interactive in the training"* Assistant Mgr, Care home, London

*"Really good training. Interesting and insightful. Has increased by my knowledge and confidence"* Nurse, Midlands